

PLEASANT BAY COMMUNITY BOATING FALL SPEAKER SERIES

Pleasant Bay: A Focus on Environmental Stewardship

September 6, 2024

Robert A. Duneanson, Ph.D. Retired Director of Health & Natural Resources Town of Chatham

OVERVIEW OF THE PLEASANT BAY SYSTEM

> 21,000 acre watershed

- a land area that channels water to rivers, lakes, and oceans.
- 9,000 acre estuarine system (ÁCEC)
- > 6,800 acre saltwater surface area
- 458 acre freshwater surface area /11 ponds
- > 71 miles of shoreline
 - 51 miles of inner shoreline
 - 7 miles of barrier beach
 - 13 miles around islands





- Groundwater on Cape moves on average 1 ft/day.
- Water discharged on a property ¼ mile from the estuary would take 3.6 years to reach the estuary.



Community Stewardship

•Local officials and Friends of Pleasant Bay, Inc. nominated ACEC - designated 1987

•Towns adopted Resource Management Plan, 1998

•Pleasant Bay Alliance established – intergovernmental organization of Brewster, Chatham, Harwich & Orleans

•Steering Committee – appointed representatives from each Community

•Technical Advisory Committee & multiple subject workgroups – town staff & interested citizens



PLEASANT BAY RESOURCE MANAGEMENT PLAN

Submitted to: The Towns of Brewster, Chatham, Harwich and Orleans, Massachusetts

Massachusetts Department of Environmental Management

Massachusetts Coastal Zone Management

April, 1998

Updated in 2003, 2008, 2013, 2018, & 2020

Prepared for The Pleasant Bay Steering Committee by The Pleasant Bay Technical Advisory Committee and Ridley & Associates, Inc.

Program Areas

- Watershed Management
- Water Quality Monitoring
- Ecological Inventory
- Waterways Management
- Shoreline Structures
- Public Access



Watershed Management

- Build out analysis nitrogen management
- Citizen's Guide to Estuarine Protection Pleasant Bay Composite Nitrogen Management Analysis: An Assessment of Nitrogen Management Plans of Brewster, Chatham, Harwich, & Orleans
- Chatham-Harwich Intermunicipal Agreement for Wastewater
 Collection & Treatment
- Pleasant Bay Targeted Watershed Management Plan
- Pleasant Bay Watershed Permit 2018; 1st in MA
- Water Quality Monitoring
- QAPP approved by DEP/USEPA
- 150± volunteers/year







Ecological Monitoring

- Aerial photography
- Intertidal Habitat & Sediment Assessment
- Freshwater Resource assessment
- Massachusetts Estuaries Project (MEP)

Waterways Management

- Coordinated harbor patrols
- *PWC management*
- Increased/coordinated navigational aids

Shoreline Structures

- Guidelines for private docks and piers
- Guidelines for walkways and stairways

Public Access

• Shoreline Access Inventory Program





WATER QUALITY ACTIVITIES

- 1965-1967 DMF Marine Resources Inventory; 3 stations
- 1965 DPH Bacterial Survey; 45 stations
- > 1976 DEQE WQ Classification
- 1987 FOPB/Boston College 18 stations
- DMF (shellfish) Bacteria; ongoing
- > 2000 PBA Nutrients; ongoing

PBA WATER QUALITY MONITORING PROGRAM OBJECTIVES





- Provide comprehensive background data on Bay water quality;
- Monitor nitrogen-loading trends;
- Provide data for use in policy, regulatory and educational applications;
- Provide data for WQ modeling (MEP);
- Document efficacy of mitigation measures;
- Document impacts of morphological changes.

WATER QUALITY MONITORING PROGRAM

- 25+ monitoring stations throughout the main basin and sub-embayments
- Samples collected from 2000 through 2024
- Minimum sampling frequency is twice in July and August and once in September
- In addition to in-situ measurements, samples are transported to UMass Dartmouth for analyses.







Year

Hundreds of water samples are taken over each summer sampling yielding thousands of measurements.

Five key measurements are combined into the "Eutrophication Index", a more easily understood indication of water quality:

Poor

0 - 35

There is too much nitrogen pollution in the water. Underwater habitats are unhealthy for fish and shellfish. The waterway is not functioning as a viable ecosystem.

Fair



These are transitional areas that are either improving or, more likely, becoming more polluted with nitrogen. The habitat health is damaged.

Good



There is little nitrogen pollution in the water. The waterway offers healthy underwater habitats for fish and shellfish. Overall, the ecosystem is in balance.





Chatham Harbor (PBA-1)























Eutrophication of the set of the





Round Cove (PBA-9)







Good Eutrophication Index Fair Poor





Quanset Pond (PBA-10)

Paw Wah Pond (PBA-11)









Namequoit Point North (PBA-13) Class SA Waters PBA-13 Surface PBA-13 Bottom . Criteria Dissolved Oxygen (mg/L) . U 0.000 0 Janoo Janos Jan 2 Janto Jants Janit Jan 18 Jano Janos Janol Janos Janog Janto Jann Janta 140% 120% % Oxygen Saturation % 0% % 0% % 0% 0 0000 •0 00 ായുള്ളം 20% 0% Janis Janto Janto Janit Janie Jan19 Janto Jan Janta Jan22 รสการสการสการสการสการสการสการสการสการ

Namequoit Point - North (PBA-13)















Arey's Pond (PBA-14)

Kescayogansett Pond (PBA-15)



Eutrophication of the set of the





Kescayo Gansett Pond (PBA-15)

Meetinghouse Pond (PBA-16)



100 90 Good Eutrophication Index 80 70 60 Station not sampled 2007 - 2009 50 Fair 40 30 20 10 0 1.000 M 2000 2.0 Total Nitrogen (mg/L) DIN PON 1.5 MEP Boundary Condition (Atlantic Ocean) (0.094 mg/L Bioactive {DIN+PON} N) DON 0.5 0.0 Pigment Concentration (ug/L) 20 Phaeo Chl-a 15 10 0 1. 19 m m m m m m m m m m m m m m m m m

Meetinghouse Pond (PBA-16)

Pochet Upper (WMO-5) 12 Class SA Waters 11 Criteria WMO-5 Mid 10 Dissolved Oxygen (mg/L) 9 8 7 . 6 5 4 3 2 1 0 12000 Janot Janoa Janob Janos 12010 12012 Janoz Janos Janoo JanoT Janos Jann 18025 140% 120% 20% 0% 12025 Jan San Jan Jan Jan Jan 12n2 22n2 22n2

Sample Date



BAY-WIDE RESULTS

Dissolved Inorganic Nitrogen

- Increasing trend before 2007 break
- > After break concentrations still increasing but at lower rate



Total Nitrogen

- Decreasing trend before 2007 break
- No significant trend after break



MUDDY CREEK RESTORATION BRIDGE PROJECT

A Joint Project of:







With Support From:







HISTORIC CONDITION





Historic photo of earthen fill placement at Orleans Road (Route 28) over Muddy Creek, facing south toward Chatham circa 1900





- * Restricted tidal flushing
- Poor water quality
 - Total Nitrogen TMDL
 - Bacterial TMDL
- Wetlands impacts
 - Loss of marine wetlands
 - Introduction of invasive species
- Shellfish Closures
- Limitations on fish passage
- Limited public water access



PRE-BRIDGE CONDITIONS

- Alternatives Chatham MEP (2003)
- Priority Project MassDER Wetland Restoration Program (2008)
- * Hydrodynamic Model \rightarrow optimal opening (2009)
- Water Quality & Resource Assessments -Confirmed Benefits (2010-2012)
- ↔ Design alternatives → single span bridge (2012)
- ✤ Design and permitting (2013-2015)
- Construction 2016 (January May)

RESTORATION ASSESSMENT

RESTORATION BENEFITS – WETLANDS

- ✤ 56 acres of wetlands restored
- Long-Term Restoration Benefits
 - Increased Salinity and Tidal Range
 - Reduction of Invasive Stands Improved Biodiversity
 - Expansion of Tidal Mud Flats and Low Marsh Communities
 - New and Expanded Brackish & High Marsh Communities
 - Improved Habitat for several High Priority Species/Populations of migratory waterfowl & other migratory species.







PRE- AND POST WETLANDS

RESTORATION BENEFITS - FISH/SHELLFISH

Long-Term Restoration Benefits

- Larger Channel Opening Will Improve Fish Passage Opportunities for American eel, Alewife, White Perch, Frost Fish and Blue Crab.
- Increased Tidal Exchange Will Improve Water and Habitat Quality
- Improved Shellfish habitat (formerly a robust habitat for quahog (Mercenaria mercenaria);







September 11, 2014

June 11, 2017

Photos Courtesy of Spencer Kennard







Salinity analyzed in the laboratory

Muddy Creek (PBA-5) 12 Class SA Waters Criteria 11 PBA-5 Surface PBA-5 Bottom PBA-5 Mid • 10 . Dissolved Oxygen (mg/L) 9 8 7 6 5 4 3 Muddy Creek Bridge Restoration Project 2 1 0 5800 140% 18012 Jan08 San San Van San San San San San San San Jan2 " Jan22 13125 lano an lan anos Janoi 2 202 2020 1200 120% %00% 0xygen Saturation %0% %0% %0% . W Q 20% 0% "Jan' 12012013014015 lan ban ban ban ban ban ban b 15 an Jan 1 1202320242025

Sample Date



Sample Date















Muddy Creek - Upper (PBA-5A)

Continuing Work...

•Study shoreline dynamics and measure change

•System-wide approach to dredge material disposal

•Guidelines for freshwater docks, erosion control structures

•Continue water quality monitoring

Continuing Work...

- •Update land-use and water quality models
- •Evaluate changes to strengthen wetlands protection
- •Monitor freshwater & intertidal habitats
- •Study changes in finfish, shellfish populations and eelgrass
- •Continue implementation of Watershed Permit



"How many times must I tell you, the sea is not one vast, inexhaustible refuse dump."

More info at: http://pleasantbay.org/